LifeLong's Respite Care Program offers people who are lonely or homebound the opportunity to establish a relationship with caregivers and to access needed homecare services, like personal care and meal preparation. It helps reduce the risk of hospitalization for people living at home alone. The program also provides relief for caregivers who often work around the clock caring for loved ones. It gives them a chance to recharge and keep their loved ones living at home. Most of our patients live below the Federal Poverty Level and are dependent on our services.

Since the fund's inception, LifeLong's Respite Care Program has served many patients at LifeLong Over 60 and LifeLong East Oakland Health Centers. Caregivers help with housekeeping, meal prep, running errands such as picking up medications and groceries, and personal care. Many of our patients are at risk of falls, and having a caregiver for stand-by assistance both at home and in the community is extremely helpful if not imperative to keeping people out of the hospital or a nursing facility.

LifeLong's Respite Care Program services have been instrumental in helping our patients. Susan is an 82-year-old woman who has difficulty walking, getting dressed, and bathing due to knee and hip pain. She has been experiencing falls inside her home. Due to memory loss and confusion, she forgets to use her med-alert. As a result, she sometimes spends hours on the floor after a fall. It's no wonder she has battled major depression.

Susan's income is too high to qualify for Medi-Cal or in-home support through the county. And she can't afford to pay for the amount of private-pay homecare she needs. The Respite Care Fund has helped her to obtain assistance, and it has helped her family with the necessary support to recharge, as well.

Susan's health has benefitted from increased socialization, and she has developed a special, trusting bond with her caregiver from the Respite Care Program.

There is such demand for LifeLong's Respite Care Program. These are our neighbors and we just don't know it. Please, give generously to help our neighbors in need.
Rep. Mike Thompson Shows Support for Community Health Centers at LifeLong Medical Care

Congressman Mike Thompson (D-CA 5th District) visited two LifeLong Medical Care locations in the East Bay in March to see first-hand the difference community health centers are making for all residents.


“LifeLong Medical Care provides critical health care services to families across our district, ensuring they have a reliable place to receive medical care right in their own community. Seeing their work firsthand reaffirms my strong support for Community Health Centers in our district and across our nation, and I will continue to fight for strong funding and resources so these centers can continue their vital work for our communities,” said Rep. Thompson.

We would like to thank the Board of Directors for their expertise and strategy in guiding LifeLong Medical Care. We also would like to welcome our newest board member, Tasha Henneman.

LifeLong Medical Care Board of Directors include:

Ron Adler
Patricia Carson Sussman
Gloria Flores-Garcia, Secretary
Tasha Henneman
Janet Howley
Robbie Hurtado
John L. Jenkins
James Johnson, Jr., Chair
Phil Kamlarz, Treasurer
Chris Kiefer
Georgia Lacy
Edgar Quiroz
Lisa Schilling, Vice Chair
Sharlana Turner
Judy Turiel
Kevin Williams, Past Chair

Date Set for LifeLong Medical Care’s Annual Charity Gala
March 2, 2019 at the Claremont Club and Spa, Berkeley

LifeLong’s Annual Gala will be celebrated at the Claremont Club and Spa on March 2, 2019. The fun begins at 5:30 p.m.

SAVE THE DATE!
San Pablo Lytton Casino’s Annual Charity Golf Tournament to Benefit LifeLong Medical Care
Oct. 29, 2018 at Richmond Country Club

LifeLong Medical Care’s Annual Golf Tournament will take place Monday, Oct. 29, 2018 at Richmond Country Club. The event takes place from 11 a.m. to 6 p.m., with an early dinner being served around 4:30 p.m.

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Ways to Support LifeLong Medical Care

✔ Give a Monetary Gift Today!
✔ Get Your Employer Involved. Double your gift through our matching gifts program.
✔ Donate Your Car, Truck, Van, Motorcycle, RV, or Boat. This tax-deductible gift makes a difference. It’s easy, just call: Car Donation Services at 888.686.4483 and reference LifeLong Medical Care.
✔ Shop Online with AmazonSmile and/or E-Scrip. Visit www.lifelongmedical.org for more information.
✔ Hold a Fundraiser for LifeLong Medical Care. This type of event helps to spread the word about our cause — and yours.
✔ Leave a Legacy. Set up a lasting gift today.
✔ Donate online: www.lifelongmedical.org.

If you have any questions, please contact LifeLong’s Director of Development & External Communications, Katherine S. O’Donnell at 510.981.4183 or kodonnell@lifelongmedical.org.