Welcome from our Program Director

Welcome to the LifeLong Medical Care’s Family Medicine Residency. LifeLong is a well-established and highly regarded community health center in the San Francisco East Bay Area. Our program was accredited by the ACGME in April 2019 and was developed to fill a need to train more highly skilled family medicine physicians to work in urban underserved outpatient medicine practices. We provide a nontraditional, community medicine based educational experience with a focus on full scope outpatient family practice. We are fortunate to offer inpatient rotations at several hospitals with strong academic teaching programs.

We are seeking residents who demonstrate a commitment to the family medicine model of care. We distinguish ourselves by our innovative curriculum that takes the resident outside of the exam room and into the community. Our program is tailored to prepare residents for the real world demands of the modern outpatient family doctor. We are excited to be a new, cutting edge, robust, and mission driven program deeply connected to the community we serve.

Caring for the whole person, the whole family, and the whole community.

Sincerely,

Dr. Deborah Simon-Weisberg
Program Director

Our History

LifeLong Medical Care is a Federally Qualified Health Center that has been serving low-income communities of the East Bay since 1976. What began as a single clinic providing care for older adults has grown to a multi-site safety-net provider of primary care medical, dental, and behavioral health services to more than 66,000 patients of all ages. Health services are provided at more than 40 locations in Alameda, Contra Costa, and Marin Counties, including comprehensive health centers, school-based sites, supportive housing locations and mobile clinics. In multidisciplinary care teams, more than 150 clinical providers care for people of all ages with a special focus on serving seniors and adults with complex health needs including the homeless, people with HIV, and people with mental health and substance use disorders. LifeLong operates a large nursing home practice, a growing home visiting program for low-income seniors, and a growing street medicine program for people experiencing homelessness. Other specialized services include HIV and Hepatitis C care and a MAT program for opiate use disorder.

Our Mission

The mission of the LifeLong Medical Care Family Medicine Residency Program is to educate and train a thriving workforce of highly qualified and diverse family medicine physicians who are inspired to address the comprehensive healthcare needs of underserved communities.

Our Vision

We envision a residency program that provides healthcare to our community with an emphasis on health equity, social determinants of health, and cultural humility. We aim to develop family physicians as drivers of health care change and leaders in their work and community.